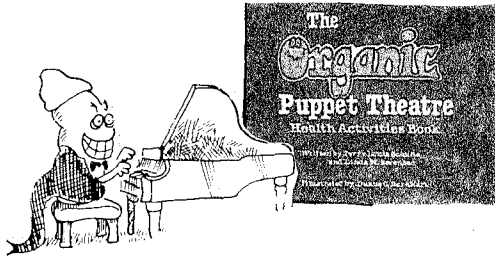


## Cheers for *TOPT* Over the Years - From Around the World!



This is an active form of health education combined with entertainment. The best recipe a teacher can use. It is easily adaptable to any country in the world. **HYGIE - INTERNATIONAL JOURNAL OF HEALTH EDUCATION**

Learn how lungs breathe, teeth chew, and stomachs get upset (if you don't feed them right) by seeing them in action! *The Organic Puppet Theatre* is the one book you'll need to help your kids explore the wonders of their bodies in an imaginative, inexpensive and informative way! **HOME EDUCATION MAGAZINE**

The participation that children experience will act to reinforce positive health attitudes and constructive health behaviors. It is an important resource for any child care worker who is committed to helping children value the health of their bodies. **PAULA PETERSON, AUTHOR READY, SET, GROW**

Using inexpensive everyday materials, such as a plastic bag 'stomach' and paper bag 'kidneys', children can readily empathize with these likeable characters that 'talk'. **CURRICULUM PRODUCT REVIEW**

The underlying emphasis of the book is fun and participation, and although it has been developed in a North American setting, it would be most appropriate for many developing country health education programs. I would highly recommend this book to education and health workers as an innovative tool for presenting health information. **SYNERGY, CANADIAN INITIATIVES FOR INTERNATIONAL HEALTH**

The book provides practical comments and advice concerning the children's reactions to each part of the body and encourages the youngsters to participate in unique and fun ways to uncover the mysteries of their bodies. **JOURNAL OF NUTRITION EDUCATION**

It offers many ideas to inspire the creation of additional puppets and presentations. In fact, the authors encourage instructors and puppeteers alike to have fun developing their own productions! Although *The Organic Puppet Theatre* was designed for young elementary schoolchildren, its material can be easily adapted for younger or older children or even for adults. **WORLD NEIGHBORS MAGAZINE**

**Over 20,000 kids and adults have enjoyed action-packed *TOPT* workshops, classes, health fairs, and camps in the U.S., Canada, and Europe!**



Linda Sorenson  
5353 Lavalle Ct.  
White Bear Lake, MN 55110  
U.S.A.

## Leapin' Livers! It's . . .

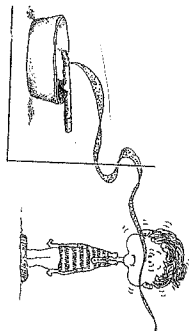
# The Organic Puppet Theatre



By  
**Terry Louis Schultz & Linda Sorenson**

Want a lively, creative way to get kids active and healthy? *The Organic Puppet Theatre* has helped thousands of kids worldwide care for their bodies by making simple, colorful puppets replicating organ functions! Arts and imagination bring puppet bodies to life. Make a healthy, positive difference for this generation and the next - starting today!

**Learning about the body has  
never been easier - or more FUN!**



# "SEE THE BODY COME ALIVE THROUGH PUPPETS, SONGS AND FUN!"

Head Start Bulletin: National Resource Exchange



## Do Your Activities Jump off the Page to Encourage Great Health?

Ours do! *The Organic Puppet Theatre (TOPT)* celebrates bodies with baggies, scissors, and tape! Color and cut to create simple, functional puppets. Teach responsibility and care through skits, songs, and imagination!

TOPT shows how to make: Stomach, Lungs, Teeth, Skull and Brain, Skeletal Hand, Heart, Kidneys and Bladder puppets. Easy, step-by-step directions - with 100+ multicultural drawings.

Baggies and crayons turn into grinning Lungs discouraging smoking and happy Stomachs urging eating, not overeating. Brains "choose," Teeth "chew," Lungs "breathe," and more.

Start kids out right - being active and eating well so childhood obesity isn't an issue. Help kids truly value themselves, dream big, and make good choices daily to enjoy healthy, generous, joy-filled lives!

## Lights, Camera, Showtime. . .

Make a paper stage. Invite family and friends to a cool "organ recital" where kids crouch behind the stage, hold puppets high, and share skits and songs.

When an empathetic puppet shares powerful messages with music and humor, lessons can stick for life!

### With Acclaimed TOPT, You'll:

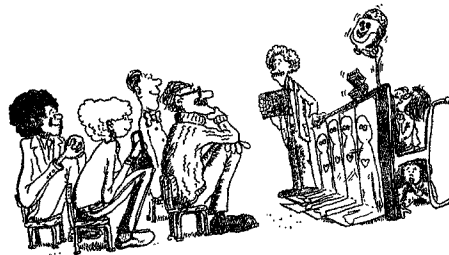
- Emphasize importance of good eating habits, life-long activity, and a balanced lifestyle
- Clearly show dangers of smoking and consequences of neglecting the body
- Have fun as you help kids respect their bodies and instill healthy habits - for life!

Use TOPT puppets for a quick project, full unit, or over and over with new health info. Write your own skits and activities about drugs, bullying, helping others, safety, and more - all tailored to your setting. Have kids take puppets home - inspiring families to get healthy too! How else can TOPT puppets challenge kids to shine?

### TOPT Book Features:

- Basic health info on each organ
- List of inexpensive puppet-making supplies
- 8 puppet patterns
- Easy steps to make puppets and stage
- Original skits and songs
- Ideas to expand learning and fun
- 92 pages - 8-1/2 x 11 paperback

TOPT began as an adult troupe for audiences at the Mayo Medical Museum. Puppets have been included in: *Growing Healthy* curriculum (Am. Lung Assn. and National Center for Health Education), International Diabetes Center resource, and wellness programs and books for kids and adults in the U.S. and Canada.



**TOPT has been enjoyed in thousands of schools, Head Start programs, camps, community centers, childcare sites, homes, hospitals, Peace Corps settings, places of worship, museums, and health fairs - worldwide! How about in yours?**

## BIG CLOSE-OUT SALE! ORDER YOUR TOPT - TODAY!

My publisher moved to Belize to serve street kids so I'm the exclusive OPT distributor now! **Order from me - while books last - and SAVE BIG!!!**

**1-20 TOPT books: \$9.95 EACH**

**21-99 TOPT books: \$7.95 EACH**

**100+ TOPT books: \$5.95 EACH**

*(Regular single TOPT price: \$18.95)*

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ COUNTRY \_\_\_\_\_

ZIP CODE/POSTAL CODE \_\_\_\_\_

E-MAIL ADDRESS (for FREE sample of new TOPT activities) \_\_\_\_\_

### TO ORDER:

Make checks payable to: **Linda Sorenson**. (U.S. dollars only.) MN residents: Add 6.5% sales tax. Shipping: \$4.00 for first TOPT book at Media Rate. Actual shipping charges added for multiple copies. Signed Purchase Orders accepted for Net 30 Days payment. Satisfaction guaranteed.

**Mail to: Linda Sorenson  
5353 Lavalley Ct.  
White Bear Lake, MN 55110, U.S.A.**

Please send me \_\_\_\_\_ copy/ies of *The Organic Puppet Theatre*

\$ \_\_\_\_\_ TOTAL AMOUNT ENCLOSED

**Thanks! Great Health - ALWAYS!!**

